Empathy in Action

How to best support Israel Now

As Israel and America stand strong against Hamas, Hezbollah, and anyone who supports the massacre of innocent civilians, the desire to help is palpable. But how do you know where and how to give? How do you determine a charity is credible and fiscally responsible? How can you be sure that the money you donate is getting to those in danger and most in need?

*Jewish Life Now*has done some research and through a careful analysis of philanthropic, economic, and human service non-profit organizations and charitable organizations, we have put together a list of some of the most reputable and effective charities. In addition to the short list below, your Jewish Federations, Combined Jewish Philanthropies and Jewish Community Foundations are equipped to help as well. (As always, please do your own research):

**American Friends of Magen David Adom**

[https://afmda.org](https://afmda.org/)

Help is desperately needed to put more ambulances on the road and to replenish supplies for EMTs and paramedics and for MDA’s blood services division.

American Friends of Meir Panim

<https://meirpanim.org/>

Food insecurity in Israel

<https://donate.meirpanim.org/2023-emergency-campaign/>

Adopt the families of Nachal Oz

American Friends of Natal

**afnatal.org**

NATAL - the Israel Trauma and Resiliency Center is an apolitical non-profit organization which provides a unique, multidisciplinary model of psychological support to victims of trauma due to terror and war, regardless of religion or political affiliation.

Citrus & Salt Cooking/Citizen’s Kitchen

[www.citrusandsaltcooking.com](http://www.citrusandsaltcooking.com)

<https://www.gofundme.com/f/citizens-kitchen>

**Tel Aviv cooking studio turned meal operation for soldiers and families in Isarel.**

Dogs Are Us Israel

[www.Dogsrus.co.il](http://www.Dogsrus.co.il)

A dog rescue for the last 7 years, the need to rescue and house dogs since October 7 has increased substantially due to the chaos that ensued including displaced families, deaths and fear.

**Friends of the Israel Defense Forces**

<https://www.fidf.org>

A non-political, non-military organization that provides for wellbeing of the soldiers of the Israel Defense Forces (IDF), veterans and family members.

Jewish National Fund (JNF)

Jnf.org

They work to ensure a strong, secure, and prosperous future for the land and people of Israel from planting trees, building houses and parks, source water solutions, buy fire trucks, and improve the lives of people with special needs and run volunteer programs in Israel. To volunteer on farms across Israel - register to their mission: [https://bit.ly/3ucxy5D](https://bit.ly/3ucxy5D?fbclid=IwAR22zJP3eGloNwg8tdbrOQKKRsdkfvIt9-poAxQNgf5Pjo3oCFt7D66evIo)

**One Israel Fund**

[https://oneisraelfund.org](https://oneisraelfund.org/)

Primarily focused on enabling Jewish life to flourish in all areas of our Biblical Heartland, as well as other areas throughout Israel.

Soldiers Save Lives

[www.soldierssavelives.org](http://www.soldierssavelives.org)

A grass roots organization that saw the need on October 8 and jumped into action.They send equipment to the IDF via their US- to- Israel supply chain.

In memory of David Newman.

United Hatzalah

<https://israelrescue.org/>

The largest community-based volunteer emergency medical services (EMS) organization that provides the fastest response to medical emergencies across Israel free of charge. You can donate for emergency equipment as well.

Volunteers For Israel

<https://vfi-usa.org/>

Opportunities for civilians to volunteer on IDF bases